

Kent Park and Recreation
June 15, 2020 Meeting Minutes

Present: Blythe Everett, John Grant, Lynn Harrington, Trisha McMahon, Michael Perkins, Abigail Smith Hanby, director Lesly Ferris.

Public and Invited Guests: Megan Leach, Jean Speck.

Chairman Lynn Harrington called the meeting to order via Zoom at 7:01 p.m.

Elevation of Alternates: Mr. Grant made a motion to elevate alternate Trisha McMahon. Mrs. Everett seconded the motion, and the motion was approved unanimously.

Acceptance of Agenda: Mr. Grant made a motion to approve the agenda. Mr. Perkins seconded the motion, and the motion was approved unanimously.

Acceptance of Minutes of May 18, 2020 monthly meeting and June 4, 2020 special meeting: Ms. McMahon made a motion to approve the minutes of the May 18, 2020 monthly meeting and the June 4, 2020 special meeting as presented. Mrs. Everett seconded the motion, and the motion was approved unanimously.

Correspondence: Ms. Ferris shared with the commission via email Jennifer Calhoun's resignation from the commission (attached). Mr. Grant made a motion to accept Jennifer Calhoun's resignation as a commission alternate. Ms. Smith Hanby seconded the motion, and the motion was approved unanimously. Ms. Ferris noted there now are two commission vacancies, which are posted on the Park and Recreation website, and she will ask to have this put on the Town website, as well. Ms. Ferris also shared there is a request from a New Milford softball team to use the Town ballfields. Ms. Ferris noted the fields are restricted to use by Kent residents and this also is the recommendation during the COVID-19 pandemic but did want to share the request with the commission. The commission agrees by consensus.

Director's Report: In addition to the written report submitted prior to the meeting (attached), Ms. Ferris reported park pass sales are open for Kent residents for use of the tennis courts. Dog obedience class begins June 22 at Kent Common Park. She registered Park and Recreation for Game Time's free hand sanitizer station giveaway. She has received a couple of written responses to the letters she sent the After-School Program youngsters. Ms. Ferris is working with Womens Support Services in Sharon to coordinate distribution of summer goodie bags for youth in Kent.

Old Business: Parks: Mr. Grant said he has repaired the vandalized picnic table at Emery Park. Mr. Grant said some families have offered use of their deer cameras to use to monitor the park. Ms. Speck cautioned that the commission would want to have a plan of action if it caught someone on the camera. Ms. Ferris said she spoke with the resident trooper who noted it would be difficult to tell from camera footage who the person is. Ms. Ferris said the playgrounds remain closed. Ms. Smith Hanby asked when they do reopen to what degree should they be cleaned?

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equipment wiped down unless you had a playground monitor and agrees it is best to keep them closed for now.

Park Master Plan: The commission had no new report. Ms. Speck noted that on the Town website there is a Parks' Master Plan page that has no content. She suggested writing a short paragraph to post on the website. Ms. Ferris said she believes the page was created when the subcommittee was created and the RFP was posted for the Master Plan. Ms. Everett said it might be a good idea until the work gets going to post some content to let the community know what the commission is starting to do. Mrs. Everett, Ms. Smith Hanby and Ms. Ferris agreed to work together on some language to share with the commission.

Sports Programs: The regional recreation directors have been discussing a recreational summer Little League program that would need to conform with the COVID-19 requirements, including social distancing and no sharing of equipment, that would take place in Salisbury.

2019-20 Budget: Ms. Ferris shared a budget report (attached). Ms. Ferris noted Park and Recreation did meet its budgeted revenue.

Halloween Bash 2020: Mrs. Harrington said she has nothing new to report.

Playing Field Subcommittee Report: Ms. Ferris suggested doing some minimal work on the infields of the ballfields after July 1 for which it would pay. The commission consensus is that this would be good.

Emery Park Swimming Area: Ms. Smith Hanby said it doesn't seem to make sense to open the swimming area. Ms. Ferris said it is her recommendation not to open due to the social distancing requirements and lack of necessary staff. Ms. McMahon agrees, saying social distancing is the problem.

Ms. Speck asked to discuss the beaver in the feeder pond, saying she is concerned about what is to come if the beaver are left in there for the rest of the season. Mrs. Everett said her initial reaction was that as a commission we don't want to kill the beaver, but said she has changed her mind when she realized how quickly one beaver could become 12. Ms. McMahon said she agrees. Ms. Speck voiced concerns about the public health piece, saying she has spoken with Torrington Area Health, adding the beaver carry giardia. There was discussion about the proposal to return Emery Park to nature, questioning if the beaver allows the commission to do this. Mrs. Everett said she would like the commission to act responsibly. Mr. Grant made a motion that Park and Recreation not open Emery Park for swimming for the 2020 season. Ms. Smith Hanby seconded the motion, and the motion was approved unanimously. Mrs. Everett made a motion to remove the beavers from the Emery Park feeder pond, based on a well considered discussion. Ms. McMahon seconded the motion, and the motion was approved unanimously. Ms. Speck suggested the commission come back to the Board of Selectmen with its mission statements to start to get some forward traction on the Parks' Master Plan.

Camp Kent: Ms. Smith Hanby said the number of campers allowed and the regulations places a higher burden on the staff. Ms. Ferris said it is her recommendation that summer camp not open. Mr. Grant said he agrees, noting there are too many negatives. Mr. Grant made a motion not to open Camp Kent 2020 as a result of COVID-19. Ms. Smith Hanby seconded the motion. Mrs. Everett asked about the Marvelwood School location. Ms. Ferris said she visited the site which would allow for 10 campers and noted the gymnasium does not have air conditioning. Mr. Grant, Mrs. Everett, Ms. McMahon, Mr. Perkins, Ms. Smith Hanby voted yes; Mrs. Harrington voted no. The motion was approved 5-1.

Summer Concert Series: Ms. Ferris reported the Kent Land Trust is willing to partner with Park and Recreation and allow use of its field on Route 7, just south of Town. Ms. Ferris proposed the event as a drive-in concert with room for about 40 cars wherein people would be required to stay inside their vehicles. Ms. Ferris is working with CERT to do the parking. Mr. Perkins made a motion to offer a drive-in summer concert series with the Kent Land Trust. Ms. McMahon seconded the motion, and the motion was approved unanimously.

New Business: Emery Park Trail Bids: Ms. Ferris reported there are two bids for the RFP to remove the logs on the trail at Emery Park with SavATree being the low bidder. Mrs. Everett made a motion to accept the bid from SavATree, dated June xx. Mr. Perkins seconded the motion, and the motion was approved unanimously. Mr. Grant recommended asking SavATree to take care of the other trees as noted in its proposal. Mrs. Everett made a motion to authorize SavATree to do the additional tree work as noted in its proposal. Mr. Grant seconded the motion, and the motion was approved unanimously. Mr. Grant reminded the commission is does have permission to access the top of the trail through the adjoining property on Howland Road.

ASP 2020-21: Ms. Ferris recommended waiting to take action on staff for the program until the status of the program is known.

Yoga/Fitness Class Proposal: Ms. Ferris shared with the commission a proposal for an adult fitness class in the park on Saturday mornings with Colleen O'Brien (attached). Ms. McMahon made a motion to approve the proposed adult fitness class at \$10/class. Mr. Perkins seconded the motion, and the motion was approved unanimously.

The next Park and Recreation Commission meeting is July 20, 2020. Mrs. Harrington made a motion to adjourn the meeting at 8:09 p.m.

Lesly Ferris
Director

Minutes are not considered final until approved. Refer to the minutes from ensuing meeting for any changes and/or corrections.

Park and Recreation Director's Report

June 2020

From the May 2020 meeting:

- I notified Chris Dunn of Premier Turf that the commission appreciates his offer to do some work on the infield of the ballfields at no cost to the Town.
- I will be advertising the availability of park passes this week and will post the form to the website. The sales will be done via the postal mail, as discussed at the meeting.
- I have included the mission statement as part of the signature line on the Park and Recreation emails. I put the mission statements on the website under a new page I created "About Us" on the site.

From the director:

After-School Program: I continue to sent invoices to the six families who have past due balances for the program. I wrote second letters to the program participants after receiving some positive feedback from the first letters, including on student who sent me a letter. Program director Tanta Sue has recorded an end-of-year video for the program which will post to YouTube June 12. I am working on our congratulations video to ASP counselor Hayley Hammond on her graduation. I remain in contact with the school administration about keeping us informed about the fall reopening plan. My recommendation would be to wait on hiring ASP staff until we know the status of ASP.

Budget/Five-Year Capital Plan: The Board of Finance adopted the 2020-2021 proposed budget. There were no changes to the Park and Recreation budget requests, including the playing fields and Five-Year Capital Plan (money for repainting of the tennis courts).

Parks: John Grant is working on finishing installation of the xx in the Emery Park parking lot and has planted bulbs along the fence posts which should be in bloom next spring. The tennis courts have reopened, as I mentioned at the June x special meeting. I have put out an RFP for cutting and removing from the trail about 17 tree limbs that are down on the Emery Park trail. The RFP asks that the work be complete by the end of June before the close of the fiscal year. Bids are due June 12, and this item is on the agenda. Once this trail work is complete, we can even more actively promote the trail. The commission might think about putting a visitor log at the top of the trail which would be a way to track the number of people that actually hike to the top. We would need to figure out what this would look like so it would stay dry. There hasn't been any further vandalism at Emery Park. Thank you to the Town Crew for removing the picnic table from the swimming area. I believe the table can be repaired. We may think about moving this table closer to one of the grills for picnicking if we do not open the park for swimming.

Regarding the swimming area, as you may be aware there are several drains that empty into the swimming area that come off the hill around that area, and a certain

Director's Report June 2020

Page 2

amount of water stays in the bottom of the pool even when it is drained, which it currently is. I have opened up the pipe from the feeder pond coming into the swimming area to raise the water to the level of the floor drain so the water is circulating.

Playing Field Subcommittee: The commission should decide how much work it would want done to the ballfields' infields during the summer.

Fee Programs: The dog obedience class will begin June 29 at Kent Common Park. Instructor Lee Sohl has purchased markers to put down to ensure compliance with the 6' social distancing. Chris Kiely is planning for a mid-July start for his Tai Chi Class and he has a new plan for smaller class sizes, likely three to five people. We continue to discuss possible outdoor locations. The martial arts classes have to wait until Phase 3 (at least) of the reopening plan. I received an email from a new resident who has expressed an interest in teaching a Saturday morning Yoga or fitness class in the park. I have asked her to submit a written proposal and will be meeting her this week at Kent Common to look at that as a location for the proposed class. This is on the meeting agenda.

Regional Recreation Directors: We have been meeting via Zoom as well as talking on the phone during the week. We met last week with representatives from Women's Support Services about a possible collaboration with them to distribute "goody" bags in the communities.

Sports Programs: The recreation directors are collaborating on a regional summer Little League program that would meet Monday and Thursday evenings in Salisbury and would feature pick-up games and would start in July and run for four weeks. The league would be open to Region One boys and girls, and players and their families must adhere to social distancing when not on the field, must provide their own equipment (we are going to provide helmets to use for the duration of the program to those who don't have helmets), parents can drop-off players. There won't be a charge for the program. We also are discussing some other regional "contests" or activities we might offer to our communities during the summer.

Senior Activities: The senior center remains closed, and I continue to touch base with some of the seniors who participate on our bus trips.

Summer programs/employees: I have reached out to Club Getaway and the three private schools per the commission's request. Club Getaway is classified as a resort and, therefore, comes under the hotel classification in terms of when it could open. Owner David Schriber hasn't made a decision yet about opening. He might be able to work with Park and Recreation and notes that everyone who comes onto the property will be tested for COVID-19 (he is planning for family camp during the week and adults on the weekend). There would be a nominal cost to the Town. Kent School is closed and is working toward its fall reopening. Marvelwood School notes its athletic building

Director's Report June 2020

Page 3

and adjacent field could be available for use. I have sent CFO David Fiorillo the guidelines to which we have to adhere, noting specifically the cleaning of the space we would be using and the bathroom (multiple times a day) and the need for a separate space for a sick room. I also asked about cost. I am waiting for some additional information. I also am confirming the Marvelwood space would accommodate 10 campers only. The school is hosting another program and construction work on campus this summer. South Kent School has not yet responded to my email. I can share that Litchfield now has canceled its summer camp program, and Sharon did not get the registration numbers it anticipated and that camp likely won't take place. I also have asked for an opinion from Town attorney about the town's liability if camp takes place. I participated in another summer program webinar June 9, and there are two more next week, including one that focuses on virtual

camp ideas. I also want to remind you the camp staff is willing to offer a virtual program and is waiting for an answer, and I have spoken with them individually a couple of times since the special meeting.

I have been in contact with our lone lifeguard. We still have only one lifeguard and would to screen patrons and enforce social distancing in and out of the water if the commission decides to open the swimming area.

Summer Concert Series: The Kent Land Trust has agreed to partner with Park and Recreation to allow use of its field just south of town on Route 7. We need to work out some details, including a stage that allows for the bands to socially distance. This would be a drive-in event only, participants have to remain in their vehicles (could sit in the back bed of a truck), no restroom facilities, carry in and carry out trash, park in designated spaces to adhere to social distancing. The Town will need to provide a certificate of liability insurance to the Land Trust. I met with KLT Executive Director Connie Manes at the field June 10 and then took measurements of the field (300' wide x 340' long) from the electrical outlet which parallels South Common Road as you face the field looking north toward town. We would need to mark the parking spaces. KLT would find out about mowing of the field, for which we would pay. I will ask the bands how much "stage" space they would require to social distance. Connie volunteered to find out about use of a trailer bed for the bands. I also have been in touch with the Emergency Management director to ask if the CERT volunteers would be available to help with parking. Tobias Feeley has offered to make signs for the concert series at no cost.

Work: I have remained in contact with the After-School Program staff, the summer camp staff, our lone lifeguard and the fee program instructors. I continue to create and post the weekly Take Home Test. The first selectman has been hosting Tuesday morning department head meetings. This week's meeting she discussed a plan to keep the Town Hall closed to the public until September 1. I have participated in a number of Zoom meetings through CRPA, CIRMA and the state as well as the Boards of Education and Selectmen meetings. I have updated and made some changes to the website and have been using the website and Facebook Page to post information. The

Director's Report June 2020

Page 4

Town also is looking at using its Facebook Page to share information with the community.

Looking ahead ...

- Town Hall remains closed to the public.

TOWN OF KENT
Park and Recreation by month

July 2019 through May 2020

	Jul 19	Aug 19	Sep 19	Oct 19	Nov 19	Dec 19	Jan 20	Feb 20	Mar 20	Apr 20	May 20	TOTAL
Ordinary Income/Expense												
Income												
132-009 - Park & Recreation	0.00	0.00	250.00	250.00	245.00	0.00	0.00	0.00	0.00	0.00	0.00	845.00
132-010 - Park & Rec Pass	35.00	0.00	350.00	0.00	0.00	480.00	260.00	0.00	445.00	0.00	0.00	1,555.00
132-020 - Park & Rec Sports	0.00	0.00	860.00	0.00	135.00	4,298.00	0.00	0.00	275.00	0.00	0.00	5,558.00
132-033 - Park & Rec Classes	177.50	169.00	0.00	0.00	437.20	0.00	231.30	0.00	0.00	160.80	0.00	1,196.40
132-040 - Park & Rec Enrichment	0.00	0.00	1,298.00	804.00	1,384.50	1,870.00	1,548.00	100.00	3,287.00	796.00	978.00	11,845.50
132-050 - Park & Rec Enrichment Camp	6,163.00	2,831.00	5,062.50	84.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	13,840.50
132-059 - Bus Trips & Programs	85.00	0.00	0.00	285.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	350.00
Total Income	6,470.50	2,800.80	7,675.50	1,403.00	2,301.70	6,428.00	2,039.30	100.00	3,987.00	978.80	978.00	35,360.40
Gross Profit	6,470.50	2,800.80	7,675.50	1,403.00	2,301.70	6,428.00	2,039.30	100.00	3,987.00	978.80	978.00	35,360.40
Expense												
II - Recreation												
023-000 - PARK & REC												
Compensation												
023-101 - Salary Director	3,994.32	4,922.80	3,994.32	4,922.80	3,994.32	3,994.32	4,922.80	3,994.32	3,994.32	4,922.80	3,994.32	47,831.84
023-102 - Hourly Employees	6,077.75	10,816.25	1,037.28	1,339.64	1,328.14	1,116.78	1,081.52	1,577.18	1,894.35	2,362.55	1,890.04	32,439.42
023-036 - Health	3,116.41	1,131.82	1,135.87	1,068.77	1,083.57	1,083.57	1,072.22	1,080.12	1,083.57	2,377.54	-53.75	14,125.81
023-037 - Pension	0.00	0.00	862.86	0.00	0.00	862.86	0.00	0.00	862.86	0.00	0.00	1,981.98
023-088 - Social Security	916.00	1,208.24	375.79	478.22	389.82	382.18	472.25	417.30	426.38	551.68	441.33	6,087.08
Total Compensation	16,108.57	18,248.21	7,204.00	7,885.53	6,815.85	7,249.49	7,618.89	7,078.80	7,871.28	10,184.85	6,271.94	102,548.11
Department Operations												
023-201 - Supplies	0.00	5.28	27.16	344.85	0.00	0.00	41.88	0.00	87.58	0.00	151.33	863.21
023-202 - Postage	0.00	8.30	0.00	0.00	0.00	0.00	330.00	0.00	0.00	0.00	0.00	338.30
023-204 - Mileage	0.00	0.00	0.00	0.00	0.00	268.12	0.00	0.00	0.00	0.00	0.00	268.12
023-419 - Park Maintenance	48.71	238.56	830.47	375.84	0.00	120.00	1,800.00	2,868.00	5,236.25	83.50	0.00	11,669.35
023-422 - Fee Programs	1,648.11	1,367.78	278.18	719.87	1,080.17	3,733.85	265.91	275.85	829.34	692.64	0.00	11,004.68
023-601 - Telephone	51.45	0.00	0.00	5.30	0.00	0.00	0.00	0.00	0.00	0.00	0.00	56.75
023-602 - Electric	100.45	156.69	122.71	130.82	102.75	88.30	88.45	96.80	0.00	167.87	68.34	1,142.78
023-604 - Water/Sewer	459.20	243.92	408.24	308.56	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1,417.92
Total Department Operations	2,308.92	2,019.53	1,784.78	1,885.14	1,192.82	4,213.07	2,526.34	3,238.75	6,263.19	913.81	230.67	26,505.11
Professional Development												
023-450 - Dues	105.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	105.00
023-481 - Conferences	0.00	420.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	420.00
Total Professional Development	105.00	420.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	525.00
Total 023-000 - PARK & REC	18,520.49	20,687.74	8,988.78	9,780.67	8,008.57	11,462.56	10,145.23	10,317.65	14,134.46	11,098.46	6,511.61	129,836.22
Total II - Recreation	18,520.49	20,687.74	8,988.78	9,780.67	8,008.57	11,462.56	10,145.23	10,317.65	14,134.46	11,098.46	6,511.61	129,836.22
Total Expense	18,520.49	20,687.74	8,988.78	9,780.67	8,008.57	11,462.56	10,145.23	10,317.65	14,134.46	11,098.46	6,511.61	129,836.22
Net Ordinary Income	-12,049.99	-17,887.14	-1,383.28	-8,377.67	-5,706.87	-5,034.56	-8,105.93	-10,217.65	-10,147.46	-10,121.66	-5,533.61	-84,275.82
Net Income	-12,049.99	-17,887.14	-1,383.28	-8,377.67	-5,706.87	-5,034.56	-8,105.93	-10,217.65	-10,147.46	-10,121.66	-5,533.61	-84,275.82

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TOWN OF KENT
Park and Recreation Actual vs. Budget
July 2019 through May 2020

	<u>Jul '19 - May 20</u>	<u>Budget</u>	<u>\$ Over Budget</u>
Ordinary Income/Expense			
Income			
132-800 • Park & Recreation	845.00	250.00	595.00
132-810 • Park & Rec Pass	1,555.00	3,000.00	-1,445.00
132-820 • Park & Rec Sports	5,588.00	3,500.00	2,088.00
132-830 • Park & Rec Classes	1,196.40	500.00	696.40
132-840 • Park & Rec Enrichment	11,845.50	11,000.00	845.50
132-850 • Park & Rec Enrichment Camp	13,940.50	13,000.00	940.50
132-860 • Bus Trips & Programs	380.00	750.00	-370.00
Total Income	<u>35,360.40</u>	<u>32,000.00</u>	<u>3,360.40</u>
Gross Profit	35,360.40	32,000.00	3,360.40
Expense			
E • Recreation			
023-000 • PARK & REC			
Compensation			
023-101 • Salary Director	47,931.84	51,926.00	-3,994.16
023-102 • Hourly Employees	32,439.42	45,454.00	-13,014.58
023-996 • Health	14,125.81	16,090.00	-1,964.19
023-997 • Pension	1,981.98	2,596.00	-614.02
023-998 • Social Security	6,067.06	7,450.00	-1,382.94
Total Compensation	<u>102,546.11</u>	<u>123,516.00</u>	<u>-20,969.89</u>
Department Operations			
023-201 • Supplies	668.21	400.00	268.21
023-202 • Postage	336.30	385.00	-48.70
023-204 • Mileage	269.12	700.00	-430.88
023-419 • Park Maintenance	11,669.35	16,000.00	-4,330.65
023-422 • Fee Programs	11,004.68	13,000.00	-1,995.32
023-501 • Telephone	56.75		
023-502 • Electric	1,142.78	900.00	242.78
023-504 • Water/Sewer	1,417.92	1,350.00	67.92
Total Department Operations	<u>26,565.11</u>	<u>32,735.00</u>	<u>-6,169.89</u>
Professional Development			
023-450 • Dues	105.00	100.00	5.00
023-451 • Conferences	420.00	550.00	-130.00
023-452 • Training	0.00	100.00	-100.00
Total Professional Development	<u>525.00</u>	<u>750.00</u>	<u>-225.00</u>
Total 023-000 • PARK & REC	<u>129,636.22</u>	<u>157,001.00</u>	<u>-27,364.78</u>
Total E • Recreation	<u>129,636.22</u>	<u>157,001.00</u>	<u>-27,364.78</u>

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08/10/20

TOWN OF KENT
Park and Recreation Actual vs. Budget
July 2019 through May 2020

	<u>Jul '19 - May 20</u>	<u>Budget</u>	<u>\$ Over Budget</u>
Total Expense	129,636.22	157,001.00	-27,364.78
Net Ordinary Income	-94,275.82	-125,001.00	30,725.18
Net Income	<u>-94,275.82</u>	<u>-125,001.00</u>	<u>30,725.18</u>

Colleen O'Brien

NUTRITION AND FITNESS

**PROPOSAL KENT PARKS AND
RECREATION DEPT**



I am a fitness professional with 25 years of experience in the industry. My expertise includes nutrition consulting, exercise programming, martial arts training, functional and core exercise, group exercise, stretch programming and yoga.

For the past 25 years I have worked in NYC with a private clientele as well as having worked in many of the NYC health clubs offering classroom workouts – Equinox being the main club where I have taught.

I can offer you multiple styles of exercise programming due to my years of experience in the fitness industry. I have worked with clients of all ages with all types of goals and concerns.

OUTDOOR FITNESS CLASS

We would offer a fitness class outside in one of the beautiful Kent City park areas.

- Classes would be open to the public for a minimal fee.
- Classes would be one hour in length.
- Format would include a 10-minute warm-up period that includes movement/stretching, followed by 40 minutes of exercise, and then a 10-minute cool down with stretch.
- Class choices range from bootcamp/athletic-training, cardio kickboxing, HIIT (High Intensity Interval Training), yoga or a blend of these different formats.

WHERE?

- Kent Park areas – TBD.
- No music is needed for the class.
 - Classes can all be done to the sounds of nature.
- The area should be either pavement or grass.
- Some of the classes can cause minimal damage to grassy areas depending on the participants movements.
 - Participants can bring a mat with them to minimize this problem.

HOW?

- Class would be outside in one of the park areas.
- Due to Covid-19 protocols all participants would be 6-8 feet apart from each other.
- Participants would bring their own mat, towel, water bottle and hand wipes (wipes are only a suggestion).
- The instructor will wear a mask and no hands-on touching will be done.
- Social distancing of 6 feet will be adhered to throughout the class by instructor and participants.
- No shared equipment will be used for the classes. All exercises will be done with bodyweight.

WHY?

- Due to Covid-19 most gyms are still closed.
- An outdoor exercise class would safely allow people to come back together and get their much-needed exercise in at the same time.
- It is a win-win for the Kent community.

We have all had to put our normal lives on hold for the past 3 months due to the pandemic. Now is the time to start finding our new normal. This would be a great way to get the community back together and moving again in a safe venue. Exercise is important not only for physical health but also for mental health. As a newer member of the Kent community I want to be part of the force that brings the town out of hibernation and back together – in a healthy and safe fashion.

WHEN?

- Class times to be determined
- Weekends or Weekdays
 - Early morning
 - Noon
 - Evening
- Times are flexible depending on participant interest

ADMINISTRATIVE CONCERNS

- Advertising would start a week or two prior to the class date.
- Clients would sign-up and pay ahead of time.
- People can show-up and participate the day of the workout without pre-registering should there be room.
- Payment would be upon registration through Venmo, Paypal or the day of class in cash
- Class fee TBD
- Participants will sign a liability waiver before exercising.

The above all depend on the Kent Park and Recreation Dept protocol

THANK YOU!



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