



ADDITIONAL TRIPS AND ACTIVITIES FOR KENT RESIDENTS...

The Warren Parks and Recreation Department 2019 Trip Schedule is here! Based on availability, trips are open to Kent residents.

- Nov 10th National 9/11 Memorial and Museum.
- December 8th Christmas in Newport.
- December 18th Radio City Christmas Spectacular.

Additional information and cost, as available, will be posted on the Warren Parks and Recreation page on the Warren town website www.warrenct.org . To get further information and to register for any of these trips contact the Warren Parks and Recreation office 860-868-7881 ext.113.

HELP US BE GREEN. If you no longer wish to be on our mailing list, please contact Kent Social Services. If you would like to receive the **SENIORTIMES** electronically, please send a request via email to socialservices@townofkentct.org.

Editor:

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860-927-1586
socialservices@townofkentct.org

*Editor reserves the right to edit submissions
for content and space*

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Issue
28
November/December
2019

Important Numbers:

First Selectman
860-927-4627
Town Clerk
860-927-3433
Tax Collector
860-927-3269
Park & Recreation
860-927-1003
Kent Affordable Housing
860-927-5022
Kent Memorial Library
860-927-3761
Kent Senior Center
860-927-2055
Social Services & Municipal Agent
860-927-1586
Probate Court
860-927-3729
Registrar of Voters
860-927-1953
FISH
860-927-4627
Meals on Wheels
800-994-9422
NW Transit
866-906-RIDE
CHORE Services
860-435-9177
State Representative
64th District
800-842-8267
State Senator
30th District
800-240-1421
Templeton Farm Senior Apartments
860-927-4000

SENIORTIMES

BIMONTHLY NEWSLETTER FOR KENT SENIORS

**Special Issue: Keep Informed and
VOTE!**

Selectmen's E-newsletter and Emergency Alerts: Residents can sign-up to receive the Selectman's monthly newsletter by sending an email request to firstselectman@townofkentct.org. To receive town and state emergency alerts register through the following link on the Town website:

www.townofkentct.org/emergency-and-safety-services . **Selectmen's Meetings:** If you cannot attend in person, all meetings are recorded and are available to be viewed via YouTube. Please use the following link:
https://www.youtube.com/channel/UCFJci08_V79oZQl_dfbvhpw

Municipal Election – Tuesday, November 5th Voting held at Kent Town Hall - Polls are open 6:00 A.M. to 8:00 P.M. Absentee Ballots available from the Town Clerk's Office. Hours Monday through Thursday 9:00-4:00 and Friday 9:00-12:00. Call 860-927-3433 for questions. Election Day Registration permits anyone to register in person on Election Day who meets eligibility requirements for voting in this state and is not already registered OR registered in one town but has moved to our town.

List of Candidates:

First Selectman-Vote for One

Jean C. Speck, Democratic Party
Edward Matson, Republican Party

Selectmen-Vote for One

Christopher J Garrity, Democratic Party
Jeffery R Parkin, Republican Party

Tax Collector-Vote for One

Deborah J Devaux, Democratic Party
Jennifer Dubray, Republican Party

Board of Finance-Vote for Any Two

Rufus L de Rham, Democratic Party
Nancy O'Dea Wyrick, Republican Party

Board of Education Full Term- Vote for One

Gonzo Garcia Pedroso, Republican Party

Board of Education To Fill Vacancy for Four Years-Vote for One

Jennie A Duncan, Democratic Party

Board of Assessment Appeals-Vote for One

Therese Duncan, Democratic Party
Rufus P de Rham, Republican Party

Planning and Zoning Commission-Vote for Any Three

Darrell Cherniske, Democratic Party
Karen J Casey, Republican Party
Wesley Wyrick, Republican Party

Zoning Board of Appeals-Vote for Any Two

Anne Bisenius, Democratic Party
Anne Biscenius, Republican Party
Nicholas Downes, Republican Party

Zoning Board of Appeals Alternates-Vote

Scott Trabucco, Democratic Party
A. Richard Barber, Democratic Party

Sewer Commissioners-Vote for Any Two

Catherine Mazza, Democratic Party
Elissa Potts, Democratic Party
James E Rundall, Republican Party

Sewer Commissioner Alternate-Vote for One

Peter Gadiel, Republican Party

211 Webinar Series:
Resources for Veterans in Connecticut
Date: Tuesday,
November 12, 2019
Time: 10:00-10:30
To Register go to:
https://zoom.us/webinar/register/WN_eot45McXSkU8C9DnGY2rSw

What programs are Veterans eligible for? Where can they seek support from individuals who are specifically trained to work with this population? Join 2-1-1 Connecticut for a webinar that explores the resources available to veterans and service members and how to find and connect to them on 211ct.org.

VA Strengthens Caregiver Support Program Under the VA MISSION Act of 2018, The Department of Veterans Affairs (VA) will expand the Program of Comprehensive Assistance for Family Caregivers (PCAFC) to eligible Veterans from all eras using a phased approach. Currently, the program is only available to eligible Veterans seriously injured in the line of duty on or after September 11, 2001. Prior to expanding, VA must upgrade its information technology (IT) system and implement other improvements to strengthen the program. For further information go to:

<https://www.va.gov/opa/pressrel/pressrelease.cfm?id=5319>



Town Business & Reminders

Energy Assistance Program: Beginning in September, Kent Social Services will be scheduling appointments for the CT Energy Assistance Program (EA). Kent Social Services serves as a voluntary intake site for all Kent residents that qualify for EA. Application review and final approval is completed by Community Action Agency of Western CT. During the winter months, this program assists with the purchase of heating fuel including oil, propane, kerosene, electric, wood, and wood pellets. EA has specific gross income and asset limit requirements. Since the entire household benefits from this program, income and asset verification will be required for all adult household members. For example, this year's gross income guidelines are: Household size 1/ Max income \$36,171.00; Household size 2/Max income \$47,300.00; Household size 3/\$58,430.00; etc. To determine if your household qualifies for this program or to schedule an appointment, contact Leah Pullaro, Kent Social Services 860-927-1586.

Adult Men's League Basketball: Kent Park and Recreation sponsors the program Wednesday evening at 6:30 p.m. at Kent Center School gymnasium, 9 Judd Avenue. Free. The program will meet November 13, 20; December 11, 18; January 8, 22, 29; February 12, 19, 26; March 11, 18. Please note the program would not meet in the event of a school closing. Call 860-927-1003 for more information.

Easy TaiChi: A simplified TaiChi exercise class, will be offered Tuesday mornings, 10-11, at the Kent Community House, 93 North Main Street. The six-week session will run November 12-December 17 and January 7-February 11 at a cost of \$60/session or \$100/both sessions. Pre-registration required by contacting instructor Christopher Kiely at 802-349-2725 or cloudhandy@yahoo.com or Lesly Ferris, 860-927-1003, or parkandrec@townofkentct.org.

Kent Parks and Recreation Senior Trips: Trips are scheduled monthly on a Tuesday or Thursday. The bus departs from Kent Town Hall parking lot. Pick-up service is available. Upcoming trips are: November 19 - Hobby Lobby, Milford and Christmas Tree Shops, Orange. December 10 - Red Lobster and Fantasy of Lights, Lighthouse Park, New Haven. If you are interested in being placed on the mailing list to receive notices about upcoming trips or to make a reservation for a trip, contact Park and Recreation, 860-927-1003

Kent Senior Center

1 Swifts Lane



Senior Lunch Program: lunch is served *year around* on Monday and Wednesday at 12:30 p.m. at the Center (see monthly menu pages elsewhere in this newsletter). Suggested donation is \$4/person. Advanced reservations required by calling 860-927-2055.

Holiday Luncheons: *December 6:* the last Friday senior luncheon of 2019 will feature a holiday party with optional grab bag. Bring a wrapped gift, valued at no more than \$5. Cost of the luncheon is \$2. The Senior Center opens at 11:30 a.m., and lunch is served at noon. *December 11:* join us for holiday luncheon, featuring entertainment and lunch with Kent Center School student council members. The menu includes roast beef w/gravy, mashed potatoes, carrots, triple chocolate layer cake which is served at 12:30 p.m. The suggested donation is \$4/person, and reservations are required by calling 860-927-2055 by December 6. *New Year's Luncheon:* Ring in the new year January 8 with your friends and neighbors or make a new friend. Lunch menu, which is served at 12:30 p.m., is lemon chicken, tossed salad, broccoli, and white chocolate raspberry layer cake. Suggested donation is \$4/person, and reservations are required by calling 860-927-2055 by January 3.

Inclement Weather Policy: The Kent Senior Center Nutrition Program will be closed and Meals on Wheels Program will not be delivered when the Torrington Schools are closed due to inclement weather this winter. Listen to WZBG 97.3 or watch Channel 3 WFSB TV.

Friday Senior Lunch Program: The center opens at 11:30 a.m., and the meal is served at noon. The program is offered in conjunction with Kent, Marvelwood, South Kent Schools, and Kent area restaurants. The cost is \$2/person. Reservations are not necessary. Last Friday Lunch for 2019 is December 6th with program returning in 2020 on March 20th.

Bridge Group: All level Players are welcome Thursday afternoons, 1:15-4, at Kent Senior Center, 16 Swifts Lane. Contact Robert Norton 860-927-4980 for further information.

Monthly Wellness and Blood Pressure Clinics: Free screenings are available at Kent Senior Center on the first Wednesday of each month at 1:00p.m. This service is provided by New Milford VNA. *Salisbury VNA offers a free blood pressure screening on the third Wednesday of each month at Kent Station Pharmacy.*

IMPORTANT FISH INFORMATION

Please remember to schedule a ride at least three working/business days in advance.

For example, if you need a ride on Friday, call Town Hall at 860 927-4627 on Tuesday at the latest. Or call earlier, if possible, especially when you make an appointment in advance. If a volunteer is not available on a given day, you may be asked to reschedule your appointment.

FISH volunteers provide transportation to medical and dental appointments only outside of Kent and to medical and dental appointments, the IGA, hairdresser, Food Bank, banks, etc. within Kent. Medical appointments take priority over other kinds of rides.

FISH clients must be ambulatory and be able to get in and out of a vehicle on their own. FISH provides rides when family members, neighbors, the NW Transit District bus and other options are not available – and when volunteers are available. Rides are provided Monday through Friday before 5 p.m. and not on holidays.

For longer rides, FISH will encourage use of the free RITS Program (Rural Independent Transportation Service through Northwest Transit District (860-489-2535). More information about these options will be shared in coming months.