



## CT State Wide Respite Care Program

Connecticut Statewide Respite Care Program offering daytime or overnight relief for caregivers of individuals with Alzheimer's or related dementias.

Respite care provides a break, or a time of caregiver relief, from the constant physical and emotional stress of caring for a person with Alzheimer's disease or a related dementia. The task of caring for a person with dementia is overwhelming. Family caregivers often develop stress-related illnesses such as heart disease, hypertension, or ulcers. An occasional break allows an exhausted caregiver to regroup, both physically and emotionally, and to find the strength to carry on. Respite truly saves caregiver's lives. With financial assistance, many family caregivers who would not otherwise use this service will have the opportunity to obtain temporary relief for themselves. As a result, the individual with dementia may remain at home for much longer than would otherwise be possible.

The Connecticut Statewide Respite Care Program is funded by the State Department on Aging and is operated in partnership with the Connecticut Area Agencies on Aging and the Connecticut Chapter of The Alzheimer's Association. The program offers families the opportunity to receive an assessment of services needed and have a care plan developed that includes the provision of services for the individual with dementia. Eligible families may apply for daytime or overnight respite care services that may include: Adult day care, cognitive fitness training, home health aide, homemaker, companion, personal care assistants, skilled nursing care or short-term nursing care.

### Eligibility:

**HEALTH STATUS:** The applicant or authorized agent must provide a Physician's Statement declaring that the patient has Alzheimer's Disease or related dementias resulting from causes such as: Multi-infarct dementia, Parkinson's Disease, Lewy Body Dementia, Huntington's Disease, Normal Pressure Hydrocephalus, or Pick's Disease.

**INCOME AND ASSETS:** The applicant cannot be covered by the CT Homecare Program for Elders. The applicant must have an income of no more than \$46,897 a year and liquid assets of \$124,679 or less.

For further information, contact Western Connecticut Area Agency on Aging Phone: (203) 757-5449.

### Editor:

Leah Pullaro, Kent Social Services  
860-927-1586

[socialservices@townofkentct.org](mailto:socialservices@townofkentct.org)

\*Editor reserves the right to edit submissions  
for content and space\*

The editor wishes to acknowledge the printing  
of this newsletter by Kent School.

**HELP US BE GREEN.** If you no longer wish to  
be on our mailing list, please contact Kent  
Social Services. If you would like to receive the  
**SENIORTIMES** electronically, please send a  
request via email to  
[socialservices@townofkentct.org](mailto:socialservices@townofkentct.org).

### Issue

28

November/December  
2020

### Important Numbers:

*First Selectman*

860-927-4627

*Town Clerk*

860-927-3433

*Tax Collector*

860-927-3269

*Park & Recreation*

860-927-1003

*Kent Affordable*

*Housing*

860-927-5022

*Kent Memorial Library*

860-927-3761

*Kent Senior Center*

860-927-2055

*Social Services &*

*Municipal Agent*

860-927-1586

*Probate Court*

860-927-3729

*Registrar of Voters*

860-927-1953

*FISH*

860-927-4627

*Meals on Wheels*

800-994-9422

*NW Transit*

866-906-RIDE

*CHORE Services*

860-435-9177

*State Representative*

*64<sup>th</sup> District*

800-842-8267

*State Senator*

*30<sup>th</sup> District*

800-240-1421

*Templeton Farm Senior*

*Apartments*

860-927-4000

# SENIORTIMES

BIMONTHLY NEWSLETTER FOR KENT SENIORS

**MEDICARE OPEN ENROLLMENT  
OCTOBER 15TH – DECEMBER 7TH**

Save money and get the best coverage!  
Let Us Help You Make the Right CHOICE

**MEDICARE OPEN ENROLLMENT**

**OCTOBER 15 - DECEMBER 7**



**A local Medicare CHOICES counselor at  
Western CT Area Agency on Aging can:**

- Help you compare your current Medicare health or drug plan with other Medicare plan choices
- Help you sign up for a new plan
- Provide you with unbiased information about health insurance plans
- Help you avoid high-pressure sales tactics
- Review programs that can help with healthcare costs

**To speak to a CHOICES counselor call:**

**1-203-757-5449 ext.134**



This project was supported, in part by grant number 90SAP0056, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201



**We have found safe, creative, and socially distanced solutions  
to continue serving you during the COVID-19 pandemic.**



**Administration for Community Living  
Office of Healthcare Information and Counseling  
MANAGING THROUGH COVID-19 WORK GROUP - SEPTEMBER 2020**



News from Kent  
Park and Rec...

COVID POLICY: When visiting the parks, remember to maintain social distancing of at least 6 feet; wear a mask when this isn't possible. Wash hands or use hand sanitizer after using the playgrounds, tennis courts, benches, picnic tables. Adhere to signs posted in the parks.

Kent Town Parks  
are Open!

Emery Park, 42 Segar Mountain Road, is open for picnicking, playground and hiking trail (steep terrain) from sunrise to sunset. Kent Common Park, Swifts Lane, is open for playground, tennis courts (park pass required), pavilion rental (call 860-927-1003 for information), walking path (1/4-mile, easy terrain). The park also is open from sunrise to sunset.



Town Business &  
Reminders

**Energy Assistance Program:** Beginning in September, Kent Social Services will be accepting applications for the CT Energy Assistance Program (EA). Kent Social Services serves as a voluntary intake site for all Kent residents that qualify for EA. Application review and final approval is completed by Community Action Agency of Western CT. During the winter months, this program assists with the purchase of heating fuel including oil, propane, kerosene, electric, wood, and wood pellets. EA has specific gross income and asset limit requirements. Since the entire household benefits from this program, income and asset verification will be required for all adult household members. This year's gross income guidelines are: Household size 1/ Max income \$37,645.00; Household size 2/Max income \$49,228.00; Household size 3/\$60,811.00; etc. Please check the Town of Kent, Social Services page for updates. **This year, there will not be any face-to-face appointments scheduled. Applications will be completed through email, telephone, and mail.** To determine if your household qualifies for this program or to ask any further questions, contact Leah Pullaro or Debbe Christensen at Kent Social Services 860-927-1586 or [socialservices@townofkentct.org](mailto:socialservices@townofkentct.org).

COACH

Connecticut Department of Mental Health

Covid-19 Assistance for Community Health

If you want to talk with someone about how this pandemic is affecting you, counselors are here to connect you with services, or listen and offer support

Counselors:

Eric 203-864-3090      Roseann 860-969-3288

Visit [ctstronger.org/COACH](http://ctstronger.org/COACH)

211 – Get connected with help.



Kent Senior Center

1 Swifts Lane



Kent Senior Center is closed until further notice.

The Connecticut Department of Veterans Affairs:

Eligibility

Those who served in the following manner may qualify for benefits:

Active duty for at least ninety (90) days:

- World War II - December 7, 1941 to December 31, 1946
- Korean Hostilities - June 27, 1950 to January 31, 1955
- Vietnam - February 28, 1961 to July 1, 1975
- Persian Gulf Era (August 2, 1990 - a date to be determined by Presidential proclamation or federal law - Operations Desert Shield and Desert Storm, Enduring
- Freedom (Afghanistan) and Iraqi Freedom are included in this category).

OR, Engaged in combat or in combat support role in the:

- Lebanon Conflict - July 1, 1958 to November 1, 1958
- Peace-keeping Mission in Lebanon - September 29, 1982 to March 30, 1984
- Grenada Invasion - October 25, 1983 to December 15, 1983
- Operation Earnest Will - July 24, 1987 to August 1, 1990
- Panama Invasion - December 20, 1989 to January 31, 1990

To determine eligibility contact Connecticut Department of Veteran Affairs, Office of Advocacy and Assistance, 5<sup>th</sup> Congressional District, 55 West Main Street, Suite 140, Waterbury, ph 203-805-6340 FAX 203-805-6341



Assistance with  
Medigap/  
Supplemental plans  
during Medicare Open  
Enrollment

To review your current plan, consider contacting Kent resident Hugh Hill of Health Markets. Hugh Hill is an independent health insurance broker who specializes in Medicare products: Medicare Advantage, Medicare Supplements, Long Term Care and Life Insurance.

He never charges a fee for his services, and he is happy to offer advice if you have any questions or concerns about your coverage. He is authorized to offer and take applications for a wide range of Medicare companies including UnitedHealthcare, Anthem, Aetna, SilverScripts and Wellcare.

He is knowledgeable about the intersection of Medicare and Medicaid, and familiar with new products for the chronically ill.

If interested, call 860-927-0164.