**ADDITIONAL TRIPS AND ACTIVITIES FOR KENT RESIDENTS...**

The Warren Parks and Recreation Department 2019 Trip Schedule is here! Based on availability, trips are open to Kent residents.

- Nov 10th National 9/11 Memorial and Museum.
- December 8th Christmas in Newport.
- December 18th Radio City Christmas Spectacular.

Additional information and cost, as available, will be posted on the Warren Parks and Recreation page on the Warren town website [www.warrenct.org](http://www.warrenct.org). To get further information and to register for any of these trips contact the Warren Parks and Recreation office 860-868-7881 ext.113.

**HELP US BE GREEN.** If you no longer wish to be on our mailing list, please contact Kent Social Services. If you would like to receive the SENIOR TIMES electronically, please send a request via email to socialservices@townofkentct.org.

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**SENIORTIMES**

**BIMonthly newsletter for Kent Seniors**

**Special Issue: Keep Informed and VOTE!**

Students who qualify for the refugee program or who are Kent residents can sign-up to receive the Selectmen’s monthly newsletter by sending an email request to firstselectman@townofkentct.org. To receive town and state emergency alerts register through the following link on the Town website: [www.townofkentct.org/emergency-and-safety-services](http://www.townofkentct.org/emergency-and-safety-services). Selectmen’s Meetings: If you cannot attend in person, all meetings are recorded and are available to be viewed via YouTube. Please use the following link: [https://www.youtube.com/channel/UCPJx98_V79oZQ1_dFbwHPw](https://www.youtube.com/channel/UCPJx98_V79oZQ1_dFbwHPw)

**Municipal Election – Tuesday, November 5th** Voting held at Kent Town Hall - Polls are open 6:00 A.M. to 8:00 P.M. Absentee Ballots available from the Town Clerk’s Office. Hours Monday through Thursday 9:00-4:00 and Friday 9:00-12:00. Call 860-927-3433 for questions. Election Day Registration permits anyone to register on Election Day who meets eligibility requirements for voting in this state and is not already registered OR registered in one town but has moved to our town.

**List of Candidates:**

- **First Selectman-Vote for One**
  - Jean C. Speck, Democratic Party
  - Edward Matson, Republican Party
- **Selectmen-Vote for One**
  - Christopher J Garrity, Democratic Party
  - Jeffrey R Parkin, Republican Party
- **Tax Collector-Vote for One**
  - Deborah J Devaux, Democratic Party
  - Jennifer Dubray, Republican Party
- **Board of Finance-Vote for Any Two**
  - Karen J Casey, Republican Party
  - Nicholas Downes, Republican Party
- **Board of Assessment Appeals-Vote for Any Two**
  - Catherine Mazza, Democratic Party
  - Elissa Potts, Democratic Party
- **Board of Education Full Term- Vote for One**
  - Scott Trabucco, Democratic Party
  - A. Richard Barber, Democratic Party
- **Municipal Agent-Vote for Any Two**
  - Darrell Cherniske, Democratic Party
  - Wesley Wyrick, Republican Party
- **Sewer Commissioner Alternate-Vote for One**
  - Karen J Casey, Republican Party
  - Nicholas Downes, Republican Party

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The editor wishes to acknowledge the printing of this newsletter by Kent School. Thank you, Kent School, for your donation. A special thank you to Ruth Woodward and a group of Templeton Senior Housing residents for preparing the newsletter for mailing.
Town Business & Reminders

Energy Assistance Program: Beginning in September, Kent Social Services will be scheduling appointments for the CT Energy Assistance Program (EA). Kent Social Services serves as a voluntary intake site for all Kent residents that qualify for EA. Application review and final approval is completed by Community Action Agency of Western CT. During the winter months, this program assists with the purchase of heating fuel including oil, propane, kerosene, electric, wood, and wood pellets. EA has specific gross income and asset limit requirements. Since the entire household benefits from this program, income and asset verification will be required for all adult household members. For example, this year’s gross income guidelines are: Household size 1/Max income $36,171.00; Household size 2/Max income $47,300.00; Household size 3/$58,430.00; etc. To determine if your household qualifies for this program or to schedule an appointment, contact Leah Pullaro, Kent Social Services 860-927-1586.

Adult Men’s League Basketball: Kent Park and Recreation sponsors the program Wednesday evening at 6:30 p.m. at Kent Center School gymnasium, 9 Sudley Avenue. Free. The program will meet November 13, 20; December 11, 18; January 8, 22, 29; February 12, 19, 26; March 11, 18. Please note the program would not meet in the event of a school closing. Call 860-927-1003 for more information.

Easy TaiChi: A simplified TaiChi exercise class, will be offered Tuesday mornings, 10-11, at the Kent Community House, 93 North Main Street. The six-week session will run November 12-December 17 and January 7-February 11 at a cost of $60/session or $100/both sessions. Pre-registration required by contacting instructor Christopher Kiely at 802-349-2725 or cloudbandy@yahoo.com or Lesly Ferris, 860-927-1003, or parkandrec@townofkentct.org.

Kent Parks and Recreation Senior Trips: Trips are scheduled monthly on a Tuesday or Thursday. The bus departs from Kent Town Hall parking lot. Pick-up service is available. Upcoming trips are: November 19 - Hobby Lobby, Milford and Christmas Tree Shops, Orange. December 10 - Red Lobster and Fantasy of Lights, Lighthouse Park, New Haven. If you are interested in being placed on the mailing list to receive notices about upcoming trips or to make a reservation for a trip, contact Park and Recreation, 860-927-1003.

Senior Lunch Program: lunch is served year around on Monday and Tuesday at 12:30 p.m. at the Center (see monthly menu pages elsewhere in this newsletter). Suggested donation is $4/person. Advanced reservations required by calling 860-927-2055.

Holiday Luncheons: December 6: the last Friday senior luncheon of 2019 will feature a holiday party with optional grab bag. Bring a wrapped gift, valued at no more than $5. Cost of the luncheon is $2. The Senior Center opens at 11:30 a.m., and lunch is served at noon. December 11: join us for holiday luncheon, featuring entertainment and lunch with Kent Center School student council members. The menu includes roast beef wgravy, mashed potatoes, carrots, triple chocolate layer cake which is served at 12:30 p.m. The suggested donation is $4/person, and reservations are required by calling 860-927-2055 by December 6. New Year’s Luncheon: Ring in the new year January 8 with your friends and neighbors or make a new friend. Lunch menu, which is served at 12:30 p.m., is lemon chicken, tossed salad, broccoli, and white chocolate raspberry layer cake. Suggested donation is $4/person, and reservations are required by calling 860-927-2055 by January 3.

Inclement Weather Policy: The Kent Senior Center Nutrition Program will be closed and Meals on Wheels Program will not be delivered when the Torrington Schools are closed due to inclement weather this winter. Listen to WZBG 97.3 or watch Channel 3 WFSB TV.

Friday Senior Lunch Program: The center opens at 11:30 a.m., and the meal is served at noon. The program is offered in conjunction with Kent, Marvelwood, South Kent Schools, and Kent area restaurants. The cost is $2/person. Reservations are not necessary. Last Friday Lunch for 2019 is December 6th with program returning in 2020 on March 20th.

Bridge Group: All level Players are welcome Thursday afternoons, 1:15-4, at Kent Senior Center, 16 Swifts Lane. Contact Robert Norton 860-927-4980 for further information.

Monthly Wellness and Blood Pressure Clinics: Free screenings are available at Kent Senior Center on the first Wednesday of each month at 1:00pm. This service is provided by New Milford VNA. Salisbury VNA offers a free blood pressure screening on the third Wednesday of each month at Kent Station Pharmacy.